



The Institution of Fire Engineers

Canada Branch

Cordially invites you to attend

a Continuing Professional Development Seminar

PTSD

Emergency Responder Mental Health

**Police, Fire, EMS, Corrections, & Security
Professionals**



ONTARIO
PSYCHOLOGICAL
ASSOCIATION

Qualifies for 5.0 Continuing Education Development Credits

*(This seminar provides recognized credits for all persons in attendance
Requiring educational hours in order to maintain
professional designations.)*

Date: May 13, 2015

Time: 09:30 AM to 4:00 PM (TBD)

Members \$ 35.00

Non Members

\$ 50.00

IFE Canada is a registered non profit
Lunch Provided

GTAA Airport Emergency
Support Centre,
Conference Room # 01
2935 Convair Drive
Mississauga, Ontario,
Canada

Register directly at:

www.ife.ca

**Additional information please
contact**

secretary@ife.ca

www.ife.ca



Introduction & Welcome

Dwayne MacIntosh

*President; Institution of Fire Engineers; Canada Branch
Fire Chief: GTAA*



Mr. Neil Gibbins *QFSM NDipM FIFireE*

*International President and Company Secretary
IFE International*



OPA's Commitment to First Responder Mental Health

Dr. H. Jane Storrie, Ph.D., C.Psych., ABDA

President, Ontario Psychological Association

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A personal message: The loss of a PTSD Champion

This very personal presentation will be lead by Lorna Hegarty, sister of Kevin Hegarty.

Kevin died tragically on March 01, 2015. Kevin was a leader in the fire service, and a 20 year veteran firefighter with the city of Surrey who not only was a victim of PTSD, he was a champion in progressing the education and awareness of the impacts to emergency responders.

Lorna Hegarty
Master Coach; Working with PTSD.



Profiling the OPP's Progress and Efforts for Maintaining a Healthy Workforce

The Ontario Provincial Police (OPP) established a Wellness Unit in October 2014, following the work of the Operational Stress Injuries Working Group, which from 2012-2014, conducted an in-depth review into the recommendations made by Ontario's Ombudsman about how the OPP responds to operational stress. The Working Group identified opportunities to develop and enhance current response programs, services, awareness and education. One of its key initiatives was the creation of the dedicated Wellness Unit within the OPP's Career Development Bureau. The presentation to IFE Canada will provide a synopsis of the actions the Ontario Provincial Police has taken in addressing operational stress injuries in response to the Ontario Ombudsman's report "In the Line of Duty" and to highlight the strategies and initiatives the OPP employs to support its employees, retirees, auxiliary and family members in dealing with Mental Health issues.

Michelle McRae

Team Lead; Wellness Unit
Ontario Provincial Police



Caring for those who care for others

Police, Fire, EMS, Corrections & Security Guards

This presentation will focus on psychological impact among first responders as well as comprehensive psychological support programs in the emergency services. Discussion will include highlights of the unique dynamics and challenges within the emergency services emphasizing 1) improvement of staff and management engagement in psychological services, 2) improved usage and effectiveness of psychological services, and 3) development of support programs that best function in this dynamic environment.

**Dr. Lori K. Gray, Ph.D., C. Psych. Licensed Clinical, Forensic, Rehabilitation Psychologist
Director; Canadian Fallen Firefighter's Association**

Securing Mental Health; Supporting front line Security Guards

The front line security guard has long been the true first responder. Security providers globally need to implement mental health & employee wellness as a priority into their existing security programs. Primary Response Inc. is one of Canada's first companies to implement Mental Health & Wellness program, as a valuable tool in fiscal & resource management. This presentation will focus on "Security Guards – the other professional service," and the value of an integrated wellness program.

**Mr. David Stanczyk, B.A, LED, CPO, CSSM
Mental Health Trainer & Coordinator
Primary Response Inc.**

Institution of Fire Engineers



Canada Branch

Founded in 1918, the IFE is a nonprofit making professional body with a rapidly growing membership of over 10,000 and a global reach that extends through 41 branches around the world. We are the only Institution that provides Professional Designations for fire engineering. Licensed by the Engineering Council, the IFE upholds professional standards within all public and private fire sectors by offering assessment of knowledge, experience and development and engages with major stakeholders to offer international conferences, identify and promote good practice and enhance technical networks worldwide.

IFE Canada Branch (previously known as Ontario Branch) was inaugurated on June 1, 1994 by the International President at the then Fire Fighters Club in Markham Ontario. Over the years we have expanded our membership base and we now have members in every province of Canada. Our objective; To encourage and improve the science and practice of Fire Extinction, Fire Prevention, Emergency Management, Life Safety, Fire Engineering and all operations and expedients connected therewith, and to give an impulse to ideas likely to be useful in connection with or in relation to such science and practice to the members of the Institution and to the community at large.

For more information about IFE Canada, please visit www.ife.ca